



SLA Athletic Staff



Brett Bengel- Athletic Director / Boys' Basketball / Soccer

Mr. Bengel has been the athletic director, middle school boys' basketball coach, and soccer coach at SLA since 2012. He has 8 years of athletic administration experience. Mr. Bengel has 10 years of middle school basketball coaching experience and 3 years experience coaching middle school soccer.

"I had many great coaches and Christian role models as I grew up playing sports. I hope to have a similar influence on the student athletes that I coach at SLA."

Steve Vasold- Girls' Volleyball

Mr. Vasold has been teaching and coaching at Christ the Lord (Alief), now SLA for 11 years. During those eleven years he has been principal, athletic director, basketball, and volleyball coach. He continues to serve as principal and will now focus on girls' volleyball in the athletic department.

"I love watching students grow as an athlete and as a Christian through sports. Many life lessons can be developed through sports: Christian morals, working as a team, leadership skills, working through adversity, staying calm under pressure, and great sportsmanship to name a few."



Dave Biedenbender- Girls' Basketball

Mr. Biedenbender joined the SLA staff in the summer of 2015. He brings 27 years of coaching experience at the high school and middle school level in a myriad of sports. For the last 15 years he has coached girls' varsity basketball at Minnesota Valley Lutheran High School. He will be using that experience as he takes over the girls' basketball program at SLA.

"I love coaching youth sports because I get to teach young athletes the fundamentals of their sports for the first time. Watching them build on those fundamental skills over the years is very rewarding!"

Harold Smith- Boys' Basketball / Soccer / Physical Education Volunteer

Mr. Smith has been volunteering at SLA since 2013. He has been a volunteer basketball and soccer coach. Mr. Smith has also organized camps and helped twice a week in our physical education class. His passion for sports comes from the sports he played as a youth and the 20 years that he played and coached in the NFL, AFL, and CFL.

"I enjoy coaching youth sports. It gives me an opportunity to reach out and give back the fundamentals and skills taught to me as an athlete."

